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| **Task 1** | **Task 2** |

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|  |  | **Cause** | **Symptoms** |  | **Treatment** | **Serious?** |
| 1 | Olivia, a gamer, lost track of time during a gaming session with her friends. The combination of screen time, bright graphics, and the adrenaline rush triggered a migraine. |  |  |  |  |  |
| 2 | Raf, a music fan, attended a loud concert with their friends. The combination of flashing lights, booming music, and the crowded venue triggered a pain in his head. Raf struggled with the throbbing pain, noise sensitivity, and visual disturbances. |  |  |  |  |  |
| 3 | Mahmoud, a dedicated football player, spent a hot afternoon practicing drills and perfecting his moves on the field. He forgot to bring a water bottle with him. Dehydrated and tired, he developed a headache. |  |  |  |  |  |
| 4 | Zek, while attempting a risky stunt on his skateboard, lost balance and fell, hitting his head on the pavement. He complained of awful head pain and showed signs of a serious injury. |  |  |  |  |  |
| 5 | Arwen, a hardworking Year 7 student, worked on a tricky maths homework late into the night. The pressure to do well in her exams combined with the hours of concentration triggered a headache. |  |  |  |  |  |